




Infant & Toddler Mental Health Consultation Impact

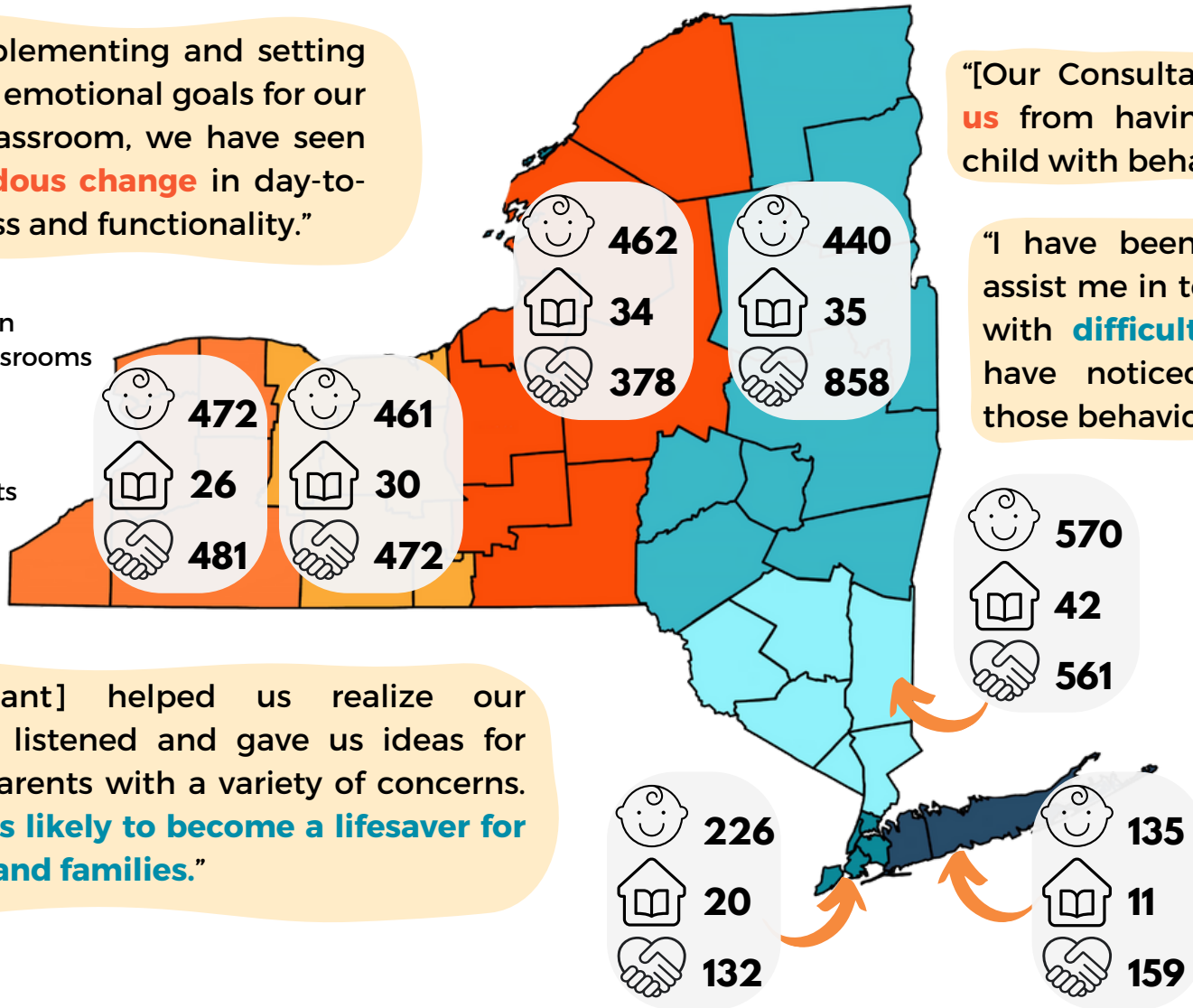
Infant & Toddler Mental Health Consultation (ITMHC) is an intervention that benefits the social and emotional wellbeing of infants and toddlers by providing a service in partnership with adult caregivers in their lives. This work has been carried out by a network of 35 Consultants across seven regions. Results are based on data gathered from June 30, 2022 to June 30, 2023.

“Since implementing and setting social and emotional goals for our toddler classroom, we have seen a **tremendous change** in day-to-day success and functionality.”

“[Our Consultant’s] help **saved us** from having to disenroll a child with behavioral issues.”

“I have been given tools to assist me in teaching children with **difficult behaviors** and have noticed a decline in those behaviors.”

-  = Children served in participating classrooms
-  = Programs served
-  = Consultation visits



“[Our Consultant] helped us realize our strengths. She listened and gave us ideas for approaching parents with a variety of concerns. **This program is likely to become a lifesaver for staff, children and families.**”

Learn more at [our website](#).

Infant & Toddler Mental Health Consultation (ITMHC)

FREQUENTLY ASKED QUESTIONS

What is ITMHC?

ITMHC is a service available to early care and education providers. Consultants work collaboratively with programs to reduce challenging behaviors, improving children's social and emotional competency, and decrease the prevalence of suspension and expulsion.

What does it cost to participate?

There is no cost for providers to participate. Funding support is provided by the NYS Office of Children and Family Services, in partnership with ECLC and local CCR&Rs.

Where does ITMHC take place?

Consultation takes place in the classroom and at your child care facility. The consultant will come to you!

What kind of commitment is required?

Consultation typically takes place over the course of 12-14 weeks, with conversations and weekly visits arranged according to your schedule.

Who is ITMHC for?

ITMHC focuses on educators who provide care for children 0-36 months. Consultation is a resource to support adults in making changes to benefit the classroom or program as a whole. Consultants refer out for individual child or adult mental health assistance.

Why consultation? Why now?

Consultation is tailored to fit the needs and interests of your program. Think of it as personalized professional development. Consultants bring tools and information you can choose from to make improvements that are important to you.

How can I sign up?

To sign up, get in touch with your region's CCR&R and they will be able to connect you with an ITMH Consultant in your area. To find your local CCR&R, take a look at our website: [Our Members - Early Care & Learning Council.](#)

